

9 TOP TIPS FOR STARTING HIGH SCHOOL

1. Challenge yourself from your very first day

Look into volunteering, get involved in a sports team, debating team, or the SRC. The more you're involved in at College, the more skills and experience you will make and the more friends you will make too.

2. Be Yourself

New students from many different schools will all be working hard to prove something so rise above and just be yourself. You will come out in a much happier place.

3. Write Good Notes

Get notebooks with subject dividers; plan your day; know your timetable; schedule homework accordingly.

4. Make use of your online school Diary or calendar

Write down homework and key tasks and tick them off when completed. If you don't understand something, just ask. Start good study habits early.

5. Get Organised

Organise your school bag the night before – ensure all homework and school items are packed. Forgetting these items can be embarrassing and cause stress.

6. Don't leave things till the last minute

Try to establish the best method of study for yourself as soon as you can. Change it up if you need to eg., study groups for some subjects. Don't wait for things to come to you, go for it. Push past your comfort zone.

7. Teachers are your Friends (seriously!)

It may not feel to be the case at first but try to consider teachers as your ultimate resource. Ask lots of questions and have fun! Secondary College can be one of the best times of your life so enjoy the ride!

8. Get Involved

Extra-curricular activities are a great opportunity to learn new skills outside of the classroom. There is also significant research that says that learning an instrument will increase brain function and metacognition, so make sure you talk to Mr Brodie about the range of musical experiences at school.

These experiences are often the special things you remember about secondary college and they also look great on your resume!

9. Figure out who can help you

Know who your year level coordinator is and your core teachers. Know where to go to get help if you need it.